



*Hacienda Experience: A Cultural & Spiritual Retreat*  
*November 6-11, 2024*

Wednesday, 11/6/2024

Arrivals & Check In – After 4pm

Opening Ritual ~ 7:00pm

Hacienda Orientation & Welcome Dinner ~ 7:30pm

Thursday, 11/7/2024

Morning Coffee/Tea ~ 7:30am

Morning Yoga Practice w/ Annabelle – 8:00am

Breakfast ~ 10:00am

“Free” Day ~ lounge by the pool, enjoy your massage, spend time at the spa, rest, explore...

Lunch ~ 2:00pm

Evening Constellation s w/ Sabina ~ 4:30-6:30pm

Dinner ~ 7pm

Friday, 11/8/2024

Morning Coffee/Tea ~ 7:30am

Morning Yoga Practice w/ Annabelle – 8:00am

Breakfast ~ 10:00am

“Free” Day ~ lounge by the pool, enjoy your massage, spend time at the spa, rest, explore...

Lunch ~ 2:00pm

Evening Constellation s w/ Sabina ~ 4:30-6:30pm

Dinner ~ 7pm

Saturday, 11/9/2024

Morning Coffee/Tea available early

Morning Yoga Practice w/ Annabelle – 7:00am

*Excursion TBD* – We will offer an excursion today – details TBD.

Lunch ~ 1:30pm

Free Time

Afternoon/Eve Constellation s w/ Sabina ~ 3:30-6:30pm

Dinner ~ 7pm

Sunday, 11/10/2024

Morning Coffee/Tea ~ 7:30am

Morning Yoga Practice w/ Annabelle – 8:00am

Breakfast ~ 10:00am

Free Time

Lunch ~ 2:00pm

Evening Constellation s w/ Sabina ~ 4:30-6:30pm

Closing Ritual w/ Sabina \* 6:30pm

Farewell Dinner ~ 7:30pm

Monday, 11/11/2024

Morning Coffee/Tea ~ 7:30am

Yoga & Meditation & Closing Ritual w/ Annabelle – 8:00am

Breakfast ~ 10:00am

Check Outs/Departures/Transfer to Merida airport – 11:00am onward.

*\*\*subject to changes\*\**