



Race in America
October 27 – November 1, 2019

This itinerary is subject to change and evolution.

Sunday, Oct. 27 - Arrival and Orientation (D)

Make your flight arrangements to fly directly into, and out of Montgomery, AL Regional Airport (MGM)

Hotel check in is available after 3pm.

6:00pm Orientation Meeting & Briefing

Welcome with Nikki & Seane (at hotel)

7:00pm Welcome Dinner (at hotel)

(Overnight in Montgomery, AL)

Monday, Oct. 28 (B, L)

7:00-9:30am Yogic Orientation, Ground Rules and Practice

9:30am - Breakfast

10:30am–1:00pm - Presentation with Charles Woods, III from the Birmingham Civil Rights Institute. (at hotel)

1:00pm – Lunch (at hotel)

2:00pm- 6:00pm – Dismantling Racism workshop with Michelle C. Johnson (at hotel)

Evening free

(Overnight in Montgomery, AL)

Tuesday, Oct. 29 Excursion to Selma (B, L)

7:00-9:30am – Yoga practice followed by Breakfast

10:00am – Depart hotel for day trip to Selma (Approximately 1 hour drive by bus)

11:00am – Selma Tour with JoAnn Bland

1:00pm – Lunch at By the River Center for Humanity with JoAnn and Afriye We-kandodis

2:00-6:00pm – Slavery Reenactment and processing with Afriye We-kandodis

6:00pm – Group crossing of the Edmund Pettus Bridge

6:30/7:00pm - Depart Selma, head back to hotel in Montgomery.

Evening free

(Overnight in Montgomery, AL)

Wednesday, Oct. 30 – (B, L)

7:00-10:00am - Yoga Practice followed by breakfast

10:00am – 12:00pm – Presentation including storytelling and poetry with Ian Manuel
(at hotel)

12:00pm – Boxed Lunches to go (from hotel)
Walk to Equal Justice Initiative (15 min walk)
Take EJI shuttle up to Peace & Justice Memorial Center

1:00pm – EJI Presentation to frame our afternoon with them, at Peace & Justice Memorial Center

The Equal Justice Initiative is committed to ending mass incarceration and excessive punishment in the United States, to challenging racial and economic injustice, and to protecting basic human rights for the most vulnerable people in American society.

1:45pm – Visit Peace & Justice Memorial (self guided tour)

3:30pm – Head back to EJI to visit Legacy Museum
(Shuttle back down the hill to EJI, *we must enter museum as a group, last entry time is 6:30pm - self guided tour once we are inside museum)

Evening free

(Overnight in Montgomery, AL)

Thursday, Oct 31 - (B, L, D)

7:00-10am - Yoga Practice followed by breakfast

**10:00 – 1:00pm – Presentation w/ Equity Trainer
Amy Burtaine**

“What does it mean to be white” (at hotel)

1:00pm – Lunch (at hotel)

**2:00pm – Depart hotel via bus to Southern Poverty Law
Center**

2:30pm - Exchange with the Southern Poverty Law Center
and meet with SPLC Rep. We will meet at the Civil Rights
Memorial, where we'll review the state of civil rights today and
examine the state of active hate groups today.

<https://www.splcenter.org/fighting-hate/intelligence-report/2017/year-hate-and-extremism>

**5:00pm – Return to hotel via bus for processing circle w/
Nikki & Seane**

7:00pm - Farewell Dinner (location TBD)

(Overnight in Montgomery, AL)

Friday, Nov. 1 **(B)**

**7:30-9:30am Yoga Practice/Closing Circle followed by
breakfast**

Checkouts & Departures