



Race in America
October 7-14, 2018

This itinerary is subject to change and evolution.

Sunday, Oct. 7 - Arrival and Orientation (D)

Make your flight arrangements to fly directly into, and out of Birmingham's Shuttlesworth International Airport (named after civil rights activist Reverend Fred Shuttlesworth).

Hotel check in is available after 4pm.

We will gather at our hotel in the late afternoon for our orientation and dinner.

5:30pm Orientation Meeting & Briefing

Welcome by Seane, Nikki, Annabelle & Malia

7:00pm Welcome Dinner (at hotel)

(Overnight in Birmingham, AL)

Monday, Oct. 8 (B, L)

7:30-10:00am Yoga Practice followed by breakfast

11:00am–12:00pm - Grounding/Intro w/ Seane & Nikki

1:00pm - Lunch (at hotel)

2:00pm- 6:00pm – Groundwater Workshop with Racial Equity Institute. (at hotel)

Our trainers are Wanda Hunter and Monica F. Walker, their bios are below:

Wanda Hunter is the lead organizer for the Racial Equity Institute. She is also a trainer. Toward the end of her 30-year career as a public health researcher and senior administrator at the University of North Carolina at Chapel Hill, Wanda attended her first REI workshop in Greensboro. Finding that the historical, structural and institutional power analysis presented in this workshop brings truth and clarity to the troubling and vexing issue of racial disparities, she committed to deepening her own understanding and engaging others in this critical work. She has been engaged in racial equity organizing and training for more than seven years, helping to found and lead organizing efforts in her community including Organizing Against Racism, a community-based group that has spread to multiple counties, the Campaign for Racial Equity in Our Schools, and Sacred Conversations on Race within the United Church of Chapel Hill, a faith-based organizing group that brings education and critical analysis to the role of the church in perpetuating structural racism, internally and externally. She is currently helping to lead the development of a regional summit for faith-based groups that see the dismantling of racism as part of their spiritual journey. She specializes in helping groups and institutions get started in organizing for their own transformation. Wanda's academic career focused on research in family violence, vulnerable communities and bringing community-based

approaches to research. She has dozens of peer-reviewed publications on these topics and has also addressed national and international audiences, including the World Health Organization. Wanda also has a long history of volunteering in the community and was inducted into the Order of the Long Leaf Pine in 2010 for service to the State of North Carolina and the NAACP President's Award for Community Service in 2013.

Monica F. Walker is a veteran organizer, artist, trainer, speaker and social activist who has spent the better of her career addressing issues of race, equity and inclusion while organizing for social justice on every front. She currently resides in Greensboro, North Carolina and recently retired from her position of Executive Director of the Office for Diversity, Equity & Inclusion for Guilford County Schools. She led the district's efforts to eliminate racially disparate outcomes, and all other forms of bias and discrimination for Guilford County Schools, the third largest school district in the state of North Carolina serving approximately 72,000 students and families. In this capacity, she led a small staff of equity directors, specialists and coaches who provided professional development and equity coaching to the district's 11,000 employees. Monica is a highly regarded trainer who leads and facilitates Racial Equity and Undoing Racism trainings across the U.S. Retirement now allows her to fully invest in the work of racial justice. She is particularly interested in helping to support systems and institutions to interrogate the root causes of racial inequity and seek effective means for addressing and eliminating systemic & institutionalized racism. She is actively involved as an organizer in her community and serves on several boards, advisories and organizational committees. Finally, her most important role is the one she serves as the grandmother of two granddaughters, JaElle Alexandria and Neema Grace, and one grandson, Kanu Deon.

Break

7:30pm Time free for Dinner

(Overnight in Birmingham, AL)

Tuesday, Oct. 9 Excursion to Selma (B, L)

**7:30-10:00am – Yoga practice followed by Breakfast
Check out of our hotel**

10:15am – Board bus

10:30am - Excursion to Selma (approx. 90 min drive)

12:00pm – Lunch (boxed lunches in the park)

12:30pm – Meet your step-on guide, Joanne Bland, at the Selma Lowndes Interpretive Center, which is the site of a memorial dedicated to Viola Liuzzo, a white civil-rights activist from Michigan who was murdered by the Ku Klux Klan in 1965.

Begin walking journey across the Edmund Pettus Bridge, where a group of approximately 500 civil-rights advocates left Brown Chapel on March 7, 1965, and attempted to cross the Edmund Pettus Bridge to march along US Route 80 to Montgomery, the state capital. At the bridge, the Alabama State Police blocked the road and ordered the assembled marchers to disperse. When the marchers refused, the troopers attacked and beat them, forcing them back to Brown Chapel.

Visit **Brown Chapel A.M.E. Church**, walk through the historic George Washington Carver Homes, Gift Shop and visit **First Baptist Church**.

Hear from Mrs. Bland about her story.

4:00pm Head to Montgomery (approx. 45 min drive)

5:00pm – Check into our hotel - Montgomery

6-7:30pm - Processing Circle

7:30pm – Free Time for Dinner

(Overnight in Montgomery, AL)

Wednesday, Oct. 10– (B, L)

7:30-10am - Yoga Practice followed by breakfast

10:30am – Depart hotel to visit the **Freedom Riders Museum**, which is located in a former Greyhound bus station. This is where on May 20, 1961, a group of Freedom Riders were attacked by a local mob. The museum explores a compelling American story using artwork as well as quotations, photographs, and architectural elements.

12:30pm – Lunch (walking distance)

2:00pm - Visit the **Rosa Parks Museum**. The museum is set in front of the bus stop where Parks took her stand and features a video re-creation of that pivotal moment that launched the 1955

Montgomery bus boycott by African Americans that lasted over a year. It paved the way for the abolition of segregation in the South, launched the civil-rights and voting rights movements, and catapulted 26-year-old Baptist minister Martin Luther King Jr. onto the world stage.

3:45pm – Head to **Civil Rights Memorial Center** to meet with SPLC rep.

4:00pm - Exchange with the **Southern Poverty Law Center** and meet with Adrienne van der Valk, the deputy director for **Teaching Tolerance** (a project of the Southern Poverty Law Center). We will meet at the Civil Rights Memorial, where we'll review the state of civil rights today and examine the state of active hate groups today.

<https://www.splcenter.org/fighting-hate/intelligence-report/2017/year-hate-and-extremism>

5:30pm - Return to hotel

Evening free time for Dinner (**Overnight in Montgomery, AL**)

Thursday, Oct 11 - (B, L)

7:30-10am - Yoga Practice followed by breakfast

10:30am – depart for EJI

11:00-11:30am - Visit to Equal Justice Initiative – meet with EJI rep to frame our visit/afternoon with them.

11:45am – walk to Lunch

The church is still in operation and is a central landmark in the community,

1:15pm Lunch

2:30 pm Visit to the **Civil Rights Memorial**, created by Vietnam Veterans Memorial designer Maya Lin. Here A circular black granite table records the names of the martyrs and chronicles the history of the Civil Rights Movement. The plaza is a contemplative place to remember the Civil Rights Movement, to honor those killed during the struggle, to appreciate how far the country has come in its quest for equality, and to consider how far it has to go.

3:00pm - Visit the **Civil Rights Institute**

5:00pm – **Board bus to hotel**

5:30pm – **Check into hotel in Birmingham**

7:30pm - **Free time for Dinner**

(Overnight in Birmingham, AL)

Saturday, Oct.13 _____ **(B, L, D)**

7:00-9:30am - **Yoga Practice followed by breakfast**

10:00am-1:00pm - **Powerful presentations by Christian Picciolini & Shannon Martinez on Life after Hate.** (at hotel)

1:00pm - **Lunch** w/ Christian and Shannon (at hotel)

2:00 – 5:00pm - "What's next" session with Nikki, Seane & Ian, followed by Processing/Closing w/ Nikki & Seane (at hotel)

6:45pm – Meet in lobby to walk over to dinner

7:00pm - Enjoy a Farewell Dinner

(Overnight in Birmingham, AL)

Sunday, Oct. 14

(B)

7:30-9:30am – Yoga Practice followed by breakfast

****please make sure you have checked out of your room before we leave for church****

10:00am – Meet in lobby to walk over to (optional) morning church services at 16th Baptist Church (service starts at 10:45am).

Walk back to hotel to collect baggage - transfers to Birmingham Airport

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