



Salem Itinerary

(subject to changes)



Day 1 – May 27th Pre-touring evening

Arrive in Boston, Massachusetts on May 27 and arrange transportation to the Hawthorne Hotel in Salem, Massachusetts - approximately 16 miles from the airport (45 minute drive by car). Satya Retreats will provide transportation referrals. Please plan to check into the hotel

by 4:00pm. At 6:30pm, our group will have the option to attend a service at the First Spiritualist Church of Salem, a church founded in the practice of spiritual and energy healing. Most people are familiar with Reiki or Therapeutic Touch healing. Spiritual healing is akin to these modalities. Following this service, we will head back to our hotel where we will enjoy a meet and greet dinner at 8:00pm with our group, guides, and tour team members.



Day 2 – May 28th Introduction to the Historical Salem Witch Trials

Length: 3-4 hours

Distance: 1 mile, walking

After yoga practice and breakfast at the Hawthorne Hotel, our journey will begin with an introduction to the Salem Witch Trials. With emphasis on historical perspective, we

will explore how the story of the famous trial are retold through visits to three very distinct types of sites - a historic home, a museum recreation, and an original location that has since been demolished. Specific places of interest for this day include stops at the original “Bewitched Statue” from the Hollywood TV series, the First Church, the original courthouse, the Old Witch Gaol, and the old Salem jail.

This day includes admission to the Witch House Museum and the Witch Dungeon Museum with some emphasis on 17th century folk magic, and herbal remedies, and reenactments of the actual 1692 Witch Trials. A group vegetarian lunch is provided. Dinner is at your discretion. After dinner, an optional private full moon meditation will be offered with a brisk night walk through Essex Street to HausWitch.



Day 3 – May 29th Walking Tour of Downtown Salem

Length: 2-3 hours

Distance: 1 mile, walking

After yoga practice and breakfast, our tour guides will take us deeper into the many theories behind the Salem Witch Trial, and how they've changed through time. We will visit the first and most popular Witch Museum in Salem for a live presentation, and then move into how different types of modern witches practice today.

Witches have been persecuted all over the world. And yet, Salem is the one place known as "Witch City." Together, on this three-part interactive tour of Salem and the neighboring Danvers (formerly Salem Village), we'll explore the true history of witches - from witch hunts in Europe to the now infamous Salem Witch Trials to the Modern Feminist Witch movement of today. We will visit 17th century homes, museums, original sites of the Witch Trials, and modern witch shops to discover both the power of The Witch archetype, and also how its commercialization has helped transform the small seaside town of Salem into an international Halloween tourist mecca. A group vegetarian lunch is provided. Dinner is at your discretion. After dinner, an optional private full moon ceremony will be offered.



Day 4 – May 30th Explore and Discover – Yogis Choice Day

After yoga practice and breakfast, we will enjoy a professional live one-woman performance of stories from the real women of the Salem Witch Trials who will give voice to the actual recorded words and testimony preserved in the historical documents. Following this, we can ask questions and interact with both accusers and accused witches through her performance and personal study experience.

Following this, we will have two options to spend the day:

**Option 1, Day 4
Explore Salem**

Length: 4-5 hours

Distance: your discretion

Enjoy a day of shopping, food, museums and self-exploring. Salem is known for its boutique shopping and excellent cuisine. Take this day to enjoy getting up close and personal with the surrounding stores, restaurants, and witchy findings just outside the door of the Hawthorne Hotel. Visit the HausWitch, Covens Cottage, or Aroma Sanctum for supplies and gifts. Enjoy a gourmet lunch on your own at one of Salem's finest restaurants or visit the Peabody Essex Museum. Do not miss the opportunity to schedule an astrology reading, healing session, animal spirit reading, or a tarot card reading to round out the afternoon of exploration.

**Option 2, Day 4
Van Tour of Ipswich (Optional Cost of \$85)**

Length: 5 hours round trip

Distance: 14 miles (45 minutes) by van ride, with some walking at location

For this optional tour trip, we will take a trip to the beautiful nearby North Shore town of Ipswich. This quaint town is full of small farms, beaches, wetland, forests, and protected areas. Acknowledging that the animal and plant world has so much wisdom to offer us, we can take the day to reconnect to nature and the beauty around Salem. We will explore the natural balance of ecosystems, and how humans have protected, upset, and sought to restore this balance. Our group will get up close and personal with nature through berry picking, a visit to the historical Appleton farm, and enjoying a live presentation at the Wolf Sanctuary. Not only is this a chance to recharge in nature, but to dive into our own relationships with the Earth and her beings. A picnic lunch and visit to the former Greenwood Farm and the First Period Paine House is included with this optional tour.

After a full day of exploration, our group will reconvene for a provided dinner at our hotel, to share our day's experiences.



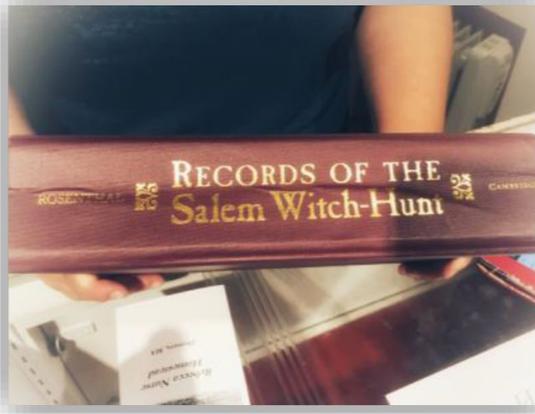
Day 5 – May 31st History of Spiritualism

Type: Walking Tour

Length: 2.5 hours

Distance: 2 miles

After yoga practice and breakfast, we will use beautiful downtown Salem as our living classroom as we explore the rise and fall of the Spiritualist movement. This is a phenomenon both ignored and misinterpreted in mainstream history despite having direct ties to both Women's Suffrage and Abolitionist movements. With widespread popularity during the Victorian era, the Spiritualist's core belief in communicating with the dead not only brought séances and psychic mediums into the mainstream, but helped shape Witch City's complicated relationship with the occult. During this tour we will revisit the First Spiritualist Church, and have brief stops at Broad Street Cemetery, the home of the Hawthorne family, the former Swedenborgian Church (Salem Athenaeum), Salem Theatre, Lyceum Hall, Parker Brother's Factory, the psychic Charles Henry Foster's home, and Daniel Lowe & Co. The tour will round out with a scenic walk through the McIntire District, which includes the historic Chestnut Street. A group vegetarian lunch will be provided at the Derby House Garden. Dinner is at your discretion.



Day 6 - June 1st Final day, Check Outs and Tour to Danvers Witches: 1692-Today

Type: Van Tour to Danvers

Length: 3-4 hours round trip

Distance: 5 miles (14 min) by van ride, with some walking at location

We will gather for a circle discussion, followed by breakfast and hotel check-outs (luggage can be stored at hotel reception). We will then take a trip to the former town of Salem Village, where the Witch Trials first began. We will visit the original homestead of one of the victims of the Salem Witch Trials, as well as the sites of the original parsonage, and a recreation of the meetinghouse. This tour includes moments at the Salem Village Parsonage and Danvers's Witchcraft Victim's Memorial, and admission and historical guided to the Rebecca Nurse Homestead and adjacent Salem Meeting House. A group vegetarian lunch is provided.



After lunch, we will return to the Hawthorne Hotel to prepare for our departures back home (please be sure to book your preferred shuttle back to the Boston Airport). For those wishing to spend the remaining day in Salem, bags can be safely left at the hotel and you can enjoy optional tours (\$15) to The House of Seven Gables for education on Caroline Emmerton, Susanna Ingersoll, and the history of slavery. In addition, our guides encourage a free visit to Ye Olde Pepper Companie, a 200 year old Salem candy company famous for the "Salem Gibraltar" and "Black Jacks", which were the first candies to be sold commercially in America.

It is a sweet ending to a magickal week!
